

# Evolving Compassion in End of Life Care -2-

a workshop by Jerral Sapienza

The Breath Budget ___ / 20    -39-	The Gatekeeper ___ / 20    -43-	Importance of Touch ___ / 20    -101-	What time is it now? ___ / 20    -99-	_____ row total
Tuning into the Process ___ / 20    -87-	Dignity in Care ___ / 20    -47-	Seeing as Equals ___ / 20    -65-	Pity vs. Compassion ___ / 20    -51-	_____ row total
Honoring Beliefs ___ / 20    -75-	Cathedral of the Soul ___ / 20    -107-	Death as Teacher ___ / 20    -113-	Letting Go isn't Saying Goodbye ___ / 20    -117-	_____ row total

- The numbers in the lower left reference page numbers in *Urgent Whispers: Care of the Dying* -

Each phrase above represents a concept in the end of life caregiving process. As worded, it may not be clear to you. But without trying to think too hard about it, make a decision as to what each means *to you* in terms of end of life care. Then, you have a total of **20 points** to distribute between these **12** boxes. Each box can have as few as **0** points or as many as **5**. The total should add up to **20**. No fractions.

Which seem more important to you? Less important? What *feels* right? How will you decide? Allocate your 20 points according to your arrangement of each phrase's priority.

There are no "wrong" or "right" answers. Because 12 does not divide evenly into 20, you will have to make some choices for prioritizing. What will be your basis for those decisions?